

Did you know?

Hispanic and Latinx people living with multiple sclerosis (MS) are severely underrepresented in research initiatives.

Without research representation, it is impossible to know how Hispanic and Latinx people experience their MS and respond to treatment, medication, or lifestyle change.

What is iConquerMS?

iConquerMS brings together people with MS, their care partners, researchers and others to understand MS and search for solutions. We are an online network comprised of people living with MS, committed to advancing the research topics most important to you!

Vanessa Irizarry
iConquerMS and RIDE
Council Member
Living with MS since 2010



COME JOIN OUR NETWORK!

iConquerMS is supported by the Accelerated Cure Project, a patient-founded non-profit organization dedicated to accelerating MS research.

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SCAN ME

QUESTIONS ABOUT RIDE?

For specific questions on the RIDE Council, please feel free to reach out directly to
ride@acceleratedcure.org
or visit:
www.iconquerms.org/ride-council



Nohora Gutierrez
iConquerMS and RIDE
Council Member
Living with MS since 2009

iConquerMS™

**ENSURE HISPANIC AND
LATINX PEOPLE HAVE A
VOICE IN MULTIPLE
SCLEROSIS RESEARCH!**

This brochure was developed in collaboration with the MS Research Inclusion, Diversity, and Equity (RIDE) Council - Hispanic/Latinx Sub-Council

MS Research Statistics

Typically, only

1 to 7%

of clinical trial participants are Hispanic/Latinx despite being 16% of the US population.

As of 2017,

fewer than 40

published studies existed on MS in Hispanic-Americans accounting for <1% of all MS literature.

Hispanic people are

5 to 9 years

younger than other ethnicities when they are diagnosed. They may also experience greater disease severity.

Amezcuca et al. 2017
Amezcuca, cited in Momentum Magazine, 2017.
Byrne et al., 2021

Your **voice, experience,** and **opinions** have power!

By participating in research through iConquerMS, you can help generate knowledge that may...

- increase our understanding of MS treatment options and their effects
- determine new research topics and priorities
- impact policy decisions regarding insurance, medication, and healthcare
- uncover cultural influences on MS that are not currently being considered

Join our research network to make an impact for all Hispanic and Latinx people living with MS.

Patricia Solis
iConquerMS and RIDE Council Member
Living with MS since 2012



Emilie Doyle-Pinho
iConquerMS and RIDE Council member
Living with MS since 2005

The Research Inclusion, Diversity, and Equity (RIDE) Council

an iConquerMS initiative

- The RIDE Council is a group of people with MS focused on broadening participation in research by highlighting the voices and experiences of people from traditionally underrepresented communities.
- RIDE includes sub-councils focused on specific underrepresented groups including Hispanic/Latinx, Black/African American, Asian American, rural, LGBTQ+, veteran, and disabled people.
- To learn more, visit us online at iConquerMS.org/ride-council