

## iConquer MS

# FOR PEOPLE LIVING WITH MS

From a financial perspective, managing your MS and its symptoms can be overwhelming. Good financial planning can be a big step towards regaining control over your treatment path and lifestyle. While this can be a long and ongoing process, here are a few resources to help you get started.

### <u>Multiple Sclerosis Association of America: The Basics of Financial Planning</u>

This resource from MSAA splits the basics of financial planning for MS into two parts. The first goes over income replacement strategies, medical insurance, and estate documents, while the second goes into investment strategies. This is a great place to gain an understanding of the various components that should go into your financial plan.

#### National MS Society: Financial Planning

The National MS Society has an abundance of financial planning resources on their website including those focused on elder law, estate planning, and personal finance. They also provide a downloadable 85-page financial planning guide focused on helping individuals with MS meet and overcome financial challenges.

#### **Additional Articles on Financial Planning for MS**

MedBroadcast - MS Financial Planning Basics
AboveMS - Financial and Estate Planning
Healthline - Financial Planning Tips for MS
MS News Today - Financial Planning for PwMS
NY Times - Financial Planning for Chronic Diseases
MS Society Canada - Financial Planning for Life with MS
Brain and Life - Financial...Tips For...Neuro...Disorders
MS Focus Mag - Putting the Pieces in Place
Forbes - Estate and Financial Planning for PwMS