Communication – Short Form

Please respond to each question or statement by marking one box per row.

How much DIFFICULTY do you currently

have...

		None	A little	Somewhat	A lot	Cannot do
NQCOG01	writing notes to yourself, such as appointments or 'to do' lists?	5	\square	3	\square	
NQCOG04	understanding family and friends on the phone?	5	4	3	\square	\square
NQCOG08	carrying on a conversation with a small group of familiar people (e.g., family or a few friends)?	 5	\square 4	 3	\square	
NQCOG10	organizing what you want to say?	5	4	3	2	
NQCOG11	speaking clearly enough to use the telephone?	5	4	3	2	

Ability to Participate in Social Roles and Activities – Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
NQPRF01	I can keep up with my family responsibilities	\square			\square	5
NQPRF03	I am able to do all of my regular family activities		2 2		4	5
NQPRF08	I am able to socialize with my friends		2 2		4	5
NQPRF09	I am able to do all of my regular activities with friends		2 2	3	\square	5
NQPRF17	I can keep up with my social commitments				\square 4	5
NQPRF26	I am able to participate in leisure activities		2 2		4	5
NQPRF32	I am able to perform my daily routines		2		4	5
NQPRF34	I can keep up with my work responsibilities (include work at home)	\square	\square		4	5

Anxiety – Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
NQANX26	I felt uneasy	1	2	3	\square 4	5
NQANX22	I felt nervous		2	3	4	5
NQANX23	Many situations made me worry		2		4	5
NQANX20	My worries overwhelmed me		2	3	4	5
NQANX27	I felt tense		\square	3	\square 4	5
NQANX28	I had difficulty calming down	□ 1	\square 2	3	\square 4	5
NQANX09	I had sudden feelings of panic		\square 2		4	5
NQANX07	I felt nervous when my normal routine was disturbed		2		4	5

Depression – Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
NQDEP13	I felt depressed		2	3	4	5
NQDEP23	I felt hopeless		2		4	5
NQDEP07	I felt that nothing could cheer me up		2		4	5
NQDEP27	I felt that my life was empty	□ 1	2	3	4	5
NQDEP02	I felt worthless		2		4	5
NQDEP19	I felt unhappy		2	3	4	5
NQDEP21	I felt I had no reason for living		2		4	5
NQDEP24	I felt that nothing was interesting	\square	2	3	4	5

Emotional and Behavioral Dyscontrol – Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
NQPER02	I had trouble controlling my temper		2		4	5
NQPER05	It was hard to control my behavior		\square	3	\square 4	5
NQPER06	I said or did things without thinking	\square		3	4	5
NQPER07	I got impatient with other people		2 2	3	4	5
NQPER11	I was irritable around other people		2		4	5
NQPER12	I was bothered by little things		2		4	5
NQPER17	I became easily upset		2		4	5
NQPER19	I was in conflict with others		\square		4	5

Fatigue – Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
NQFTG13	I felt exhausted	1	2	3	\square 4	5
NQFTG11	I felt that I had no energy		2		4	5
NQFTG15	I felt fatigued		2 2		4	5
NQFTG06	I was too tired to do my household chores.		2 2	3	4	5
NQFTG07	I was too tired to leave the house		\square	3	4	5
NQFTG10	I was frustrated by being too tired to do the things I wanted to do		\square	 3	\square 4	 5
NQFTG14	I felt tired		\square 2	3	4	5
NQFTG02	I had to limit my social activity because I was tired.		2		4	5

Lower Extremity Function (Mobility) – Short Form

Please respond to each question or statement by marking one box per row.

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
NQMOB37	Are you able to get on and off the toilet?	5		3	2	
NQMOB30	Are you able to step up and down curbs?	5		3	2	
NQMOB26	Are you able to get in and out of a car?	5	\square	3	\square	\square
NQMOB32	Are you able to get out of bed into a chair?	5		3	2 2	
NQMOB25	Are you able to push open a heavy door?	5		\square	2 2	
NQMOB33	Are you able to run errands and shop?	5	4	3	2	□ 1
NQMOB31	Are you able to get up off the floor from lying on your back without help?	5	\square	3	2 2	
NQMOB28	Are you able to go for a walk of at least 15 minutes?	5	4	3	\square	\square

Positive Affect and Well-Being - Short Form

Please respond to each question or statement by marking one box per row.

	Lately	Never	Rarely	Sometimes	Often	Always
NQPPF14	I had a sense of well-being	1	2	3	4	5
NQPPF12	I felt hopeful		2		4	5
NQPPF15	My life was satisfying		2		4	5
NQPPF20	My life had purpose		\square		\square 4	5
NQPPF17	My life had meaning		\square	3	4	5
NQPPF22	I felt cheerful		\square	3	\square	5
NQPPF19	My life was worth living	\square	\square		\square 4	5
NQPPF16	I had a sense of balance in my life		2		4	5
NQPPF07	Many areas of my life were interesting to me		2		4	5

Sleep Disturbance – Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely	Sometimes	Often	Always
NQSLP02	I had to force myself to get up in the morning		2 2	3	\square	5
NQSLP03	I had trouble stopping my thoughts at bedtime		2 2		4	5
NQSLP04	I was sleepy during the daytime		2 2		4	5
NQSLP05	I had trouble sleeping because of bad dreams				4	5
NQSLP07	I had trouble falling asleep		2 2		4	5
NQSLP12	Pain woke me up	\square	2	3	4	5
NQSLP13	I avoided or cancelled activities with my friends because I was tired from having a bad night's sleep	\square	2 2	3	\square 4	5
NQSLP18	I felt physically tense during the middle of the night or early morning hours		2		4	5

Upper Extremity Function (Fine Motor, ADL) – Short Form

Please respond to each question or statement by marking one box per row.

		Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do
NQUEX29	Are you able to turn a key in a lock?	5		3	2	
NQUEX20	Are you able to brush your teeth?	5	\square	3	\square	\square
NQUEX44	Are you able to make a phone call using a touch tone key-pad?	5		3	2 2	
NQUEX36	Are you able to pick up coins from a table top?	5		3	2 2	
NQUEX30	Are you able to write with a pen or pencil?	5	\square 4	3	2	
NQUEX28	Are you able to open and close a zipper?	5	4	3	2	
NQUEX33	Are you able to wash and dry your body?	5	\square	3	\square	\square
NQUEX37	Are you able to shampoo your hair?	5	\square 4	3	\square	\square 1

Stigma-Short Form

Please respond to each question or statement by marking one box per row.

	Lately	Never	Rarely	Sometimes	Often	Always
NQSTG02	Because of my illness, some people avoided me			3	\square	5
NQSTG04	Because of my illness, I felt left out of things		2 2		4	5
NQSTG 08	Because of my illness, people avoided looking at me		2		4	5
NQSTG 16	I felt embarrassed about my illness		2		4	5
NQSTG 01	Because of my illness, some people seemed uncomfortable with me		2 2		4	5
NQSTG 17	I felt embarrassed because of my physical limitations		2		4	5
NQSTG05	Because of my illness, people were unkind to me		2		4	5
NQSTG21	Some people acted as though it was my fault I have this illness		2 2		\square 4	5

Satisfaction with Social Roles and Activities – Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Not at all	A little bit	Somewhat	Quite a bit	Very much
NQSAT 03	I am bothered by my limitations in regular family activities	5				
NQSAT 23	I am disappointed in my ability to socialize with my family	5		\square		
NQSAT14	I am bothered by limitations in my regular activities with friends	5	\square 4	\square		
NQSAT11	I am disappointed in my ability to meet the needs of my friends	5		\square		
	In the past 7 days	Not at all	A little bit	Somewhat	Quite a bit	Very much
NQSAT33	I am satisfied with my ability to do things for fun outside my home					5

NQSAT33	for fun outside my home	1	2	3	4	5
NQSAT32	I am satisfied with the amount of time I spend doing leisure activities		2	3	□ 4	5
NQSAT47	I am satisfied with how much of my work I can do (include work at home)		\square	\square	\square 4	5
NQSAT 46	I am satisfied with my ability to do household chores or tasks	\square	\square 2	\square	\square 4	□ 5

Cognition Function– Short Form

Please respond to each question or statement by marking one box per row.

	In the past 7 days	Never	Rarely (once)	Sometimes (2-3 times)	Often (once a day)	Very often (several times a day)
NQCOG64	I had to read something several times to understand it	5		\square	2 2	
NQCOG75	My thinking was slow	5		\square 3	\square	
NQCOG77	I had to work really hard to pay attention or I would make a mistake	□ 5	4	\square 3		
NQCOG80	I had trouble concentrating	5	4	\square 3	2	

How much DIFFICULTY do you currently have...

		None	A little	Somewhat	A lot	Cannot do
NQCOG22	reading and following complex instructions (e.g., directions for a new medication)?	5		3	2 2	
NQCOG24	planning for and keeping appointments that are not part of your weekly routine, (e.g., a therapy or doctor appointment, or a social gathering with friends and family)?	— 5	\square		2 2	
NQCOG25	managing your time to do most of your daily activities?	 5	\square 4		\square 2	
NQCOG40	learning new tasks or instructions?	5	\square 4	3	\square	\square